



All Ours is all yours on Thursdays from 6.30pm till 9pm

All Ours:-

A weekly do

With healthy food, but not "lentil stew"

It's only a pound,

Pop by, come round

It's table tennis, it's pool

Not a pub, a club or especially "cool"

But definitely friendly folk,

Laughter and a joke

Board games, a listening ear

Someone to chat to, someone to hear

So take time out of your head

And out of your home

Be with us at All Ours

So you're not on your own.

**At Hillview
Community Centre,
Ransom Road,
St Anns, Nottingham**

Supported by

Roots Natural Foods

Ecoworks

Tanc

Making Waves

Arkwright Meadows Community Gardens

Metropolitan Housing Trust

Make Hay Ethical E-Media



Nottinghamshire
Community
Foundation

www.allours.org.uk

Contact information

Telephone:

07947 656651

email:

all.ours@hotmail.co.uk



We are a newly formed grass roots voluntary organisation committed to providing out of hours provision for adults who feel socially excluded.



**Healthy food, healthy mind
Be included, be involved**

**Hillview Community Centre,
Ransom Road,
St Anns,
Nottingham**

Hillview Community Centre is set back from the roads edge behind a high hedge, when you come to a set of big gates you know you have found us.



● = Bus stops

**Parking
on Ransom Road**

We can arrange free transport from the City centre and Sneinton. Please call in good time to arrange this. Alternatively from the Victoria centre its bus number 42 from outside Gap.